

10:15-11:45 am:

CRAFTING A TREATMENT PLAN FOR A CASE OF HOMICIDE GRIEF



Louis Gamino, PhD, ABPP, FT
Professor of Psychiatry & Behavioral Science
Baylor Scott & White Health
Texas A&M HSC College of Medicine
Training Director, Predoctoral Psychology Internship Program
Program Director, Postdoctoral Fellowship Program in Clinical Health Psychology
Program Director, Biennial BSWH Bereavement Conferences
Vice President, Association for Death Education and Counseling (ADEC)

Level of Instruction: Advanced

Presentation Summary: Three prominent empirically-supported treatment models for complicated grief—Complicated Grief Treatment (Shear, 2015), Meaning-Centered Grief Therapy (Lichtenthal, 2017), and Restorative Retelling (Rynearson, 2018; Rynearson, Correa, & Takacs, 2015)—offer many features which can be usefully leveraged by clinicians in everyday clinical practice. The challenge of how to customize intervention with a specific patient is addressed through a case study of a homicide-bereaved mother where elements from each of these treatment protocols were incorporated to advance the therapeutic exchange toward mutually-agreed treatment goals. Videotaped segments of actual therapy sessions both illustrate therapeutic maneuvers and provide a basis for discussion of treatment rationale and moment-to-moment clinical decision-making.

Objectives: *Upon completion of this lecture, the participant will be able to:*

- List mutual features in three empirically-supported treatments for complicated grief.
- Describe the component of imaginal revisiting in complicated grief therapy.
- Describe the concept of “choosing one’s narrative” in meaning-centered grief therapy.
- Describe the technique of “deconstruction & revision” in restorative retelling therapy.

References: (continued next page)

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