

10:15-11:45 am:

CRAFTING A TREATMENT PLAN FOR A CASE OF HOMICIDE GRIEF



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Level of Instruction: Advanced

Presentation Summary: Three prominent empirically-supported treatment models for complicated grief—Complicated Grief Treatment (Shear, 2015), Meaning-Centered Grief Therapy (Lichtenthal, 2017), and Restorative Retelling (Rynearson, 2018; Rynearson, Correa, & Takacs, 2015)—offer many features which can be usefully leveraged by clinicians in everyday clinical practice. The challenge of how to customize intervention with a specific patient is addressed through a case study of a homicide-bereaved mother where elements from each of these treatment protocols were incorporated to advance the therapeutic exchange toward mutually-agreed treatment goals. Videotaped segments of actual therapy sessions both illustrate therapeutic maneuvers and provide a basis for discussion of treatment rationale and moment-to-moment clinical decision-making.

Objectives: *Upon completion of this lecture, the participant will be able to:*

- List mutual features in three empirically-supported treatments for complicated grief.
- Describe the component of imaginal revisiting in complicated grief therapy.
- Describe the concept of “choosing one’s narrative” in meaning-centered grief therapy.
- Describe the technique of “deconstruction & revision” in restorative retelling therapy.

References: (continued next page)

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