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“Lead from Where You Stand: How to Advocate for Your Patients, Your Profession, and Yourself (lessons from my journey and ethical frameworks to consider)”

Vineet Arora, MD, MSPP

February 4, 2026 7:30 a.m. – 8:30 a.m.

(Microsoft TEAMS, Virtual)

OBJECTIVES: Upon completion of this activity, the participant should be able to:

1. Apply advocacy strategies to influence institutional policies and practices that improve patient care.
2. Demonstrate leadership behaviors that promote collaboration and positive change without relying on formal authority.
3. Integrate ethical frameworks into decision-making when advocating patients, professional standards, and personal well-being.
4. Develop a personal action plan for self-advocacy and resilience in challenging healthcare environments.

FACULTY DISCLOSURE: Vineet Arora, MD, MSPP has no relevant financial relationship(s) with companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

PLANNER DISCLOSURE: The planners have no relevant financial relationship(s) with companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

ACCREDITATION: The A. Webb Roberts Center for Continuing Medical Education of Baylor Scott & White Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

DESIGNATION: The A. Webb Roberts Center for Continuing Medical Education of Baylor Scott & White Health designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Meets Texas Requirements for 1 Hour of Ethics/Professional Responsibility Credit

For information, please contact Tanisha Hamilton at Tanisha.Hamilton@BSWHealth.org