



Rabbi Daniel Roberts, DD, DMin, FT

Rabbi emeritus of Temple Emanu El, Cleveland, Ohio (35 years)

Fellow in Thanatology (FT) by the Association of Death Education and Counseling (ADEC)

Level of Instruction: Intermediate

Presentation Summary: Come with me through the long journey of a death from suicide. Understand the trauma, the grief, and the road to posttraumatic growth.

Objectives: *Upon completion of this lecture, the participant should be able to:*

- Examine the historical, theological and medical perspectives depicted in biblical texts on suicide
- Explore emotional and psychological impact of suicide loss including shock/guilt and how the complexity sets it apart from other forms of bereavement.
- Recognize unique challenges in suicide loss to promote remembrance and healing for loved ones to honor the life of the deceased.
- Implement strategies for posttraumatic growth for the mourner.



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References:

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Gearing, R. E., & Alonzo, D. (2018). Religion and suicide: New findings. *Journal of Religion and Health*, 57(6), 2478–2499. <https://doi.org/10.1007/s10943-018-0629-8>

Meza, J. I., & Bath, E. (2021). One size does not fit all: Making suicide prevention and interventions equitable for our increasingly diverse communities. *Journal of the American Academy of Child and Adolescent Psychiatry*, 60(2), 209–212. <https://doi.org/10.1016/j.jaac.2020.09.019>

Lesson of Loss: A Guide to Coping, Robert A. Neimeyer, Center of the Study of Loss and Transition (Memphis, TN, 2006)